

Psalm 23 - *My Cup Overflows*

“My cup” here means the Word of grace. This cup overflows. The Lord here shares to His own children an eternal abundance. The guests are all well filled. David wishes to say this: “Lord, Thy guests, who are sitting at Thy table, the believers, not only become strong and bold giants in the presence of all their enemies, but they also become happy and joyous.”

This feast is a picture of the great joy and bliss which we as His children enjoy now and which will bring us into eternal joy and glory with the Lord.

The Lord gives us the Holy Spirit together with the Word. This gives us blessings that overflow the largest possible container. One excellent source that expresses this abundance is found in chapter one of the book to the Ephesians. Below we find a few examples:

1:3 *“In the heavenly realms with every spiritual blessing in Christ.”* It could also be said as “heavenly matters.” This is concerned with the ultimate battle between God’s forces and the devil’s.

1:4-5 *“Chose...Predestined us.”* This means that God selected us to be saved. This is not at the exclusion of others (God wants everyone to be saved) or because of any merit on our part. By the faith worked in us we are certain of eternal salvation.

1:7 *“Forgiveness of sins.”* Where there is forgiveness of sins there is life and salvation.

1:8 *“Lavished on us wisdom and understanding.”* God poured out and keeps pouring out His grace so that we can know and understand the salvation we have been given.

Romans 8:32 tells us that *“God did not only spare His Son for our salvation but then adds: “how will He not also along with Him give us all things?”* There is simply no limit to God’s blessings.

Like cups filled till the liquid flows over the top, our lives overflow with blessings. These blessings flow into the lives of others.

Prayer:

Dear Lord, thank you for continuing to pour out your incredible spiritual blessing on us. Help us to never take them fore-granted or waste them. Help us to share them freely with others.

Amen.